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IT IS NO LONGER YOUR BODY

His Divine Grace A. C. Bhaktivedanta Swami Prabhupada

I am very much concerned about you, that you have been injured by working. I do not know what sort of *ugra-karma* you were performing, but whatever you do, you must be careful. Your body is dedicated to Krishna, therefore you should not be neglectful about it. You should always think that your body is no more your body, but it is Krishna's body. Therefore you should take care of it. (Letter to Jayapataka, 6 October 1968.)

ELEVENTH CANTO AFTER THE TENTH

Sri Srimad Gour Govinda Swami Maharaja

You should hear Śrīmad Bhāgavatam from a real vaiṣṇava-sādhu who knows it, who is completely drowned in that ocean of rādhā-kṛṣṇa-prema, completely absorbed in that thought. Only from such a person you should hear. Otherwise the reverse effect will be there.

However, after reading or hearing the tenth canto of *Śrīmad Bhāgavatam*, one has to read the eleventh canto. Unless one reads the eleventh canto he will definitely fall down. This *bhāgavata-śrava*, is our daily activity, *nityam bhāgavata-sevayā*. It is a daily activity. Just like we daily take food, take rest, take bath, pass stool and urine, similarly, this *śrīmadbhāgavatam-śravana* is a daily activity.

- From a lecture on Śrīmad Bhāgavatam 9.2.10 given at Krishna Balaram Temple, Bhubaneshwar. 19 June 1993.



His Divine Grace A. C. Bhaktivedanta Swami Prabhupada

SAMPRADAYAS, MANTRAS AND THEIR IMPORTANCE

"Sampradāya" is often translated into English as "sect", which is derived from the Latin term 'secta', meaning "a path". However, the term 'sect' is sometimes used to refer to groups of people with a narrow frame of mind who are not open to other's points of view.

From the etymological point of view, the term 'sampradāya' is composed of sam + pra + dāyaḥ. The prefix "sam" means "samyak", "complete"; the prefix "pra" means "prakarṣeṇa", "thoroughly"; and the verbal form "dāyaḥ" indicates the act of bestowing. Thus, the term sampradāya actually means "the medium through which complete and thorough



The Six Goswamis of Vrindavan

bestowing [of spiritual realization] occurs." Thus, translating the term '*sampradāya*' as a "narrow sect" actually proves that not only is much lost in translation, but much is also misunderstood.

In the days of the yore, affiliating oneself to a *sampradāya* was not considered something that one would be hesitant to do. Actually, in past ages no one would be accepted as a spiritualist unless they had been admitted to a *sampradāya* — a far cry from the modern humanists who encourage people to declare themselves as 'spiritual but not religious'.

In the introductory prayers to his *Bhāvārtha-dīpikā* commentary on *Śrīmad Bhāgavatam*, Srila Sridhar Swami writes:

sampradāyānurodhena paurvāparyānusārataķ śrī-bhāgavata-bhāvārtha-dīpikeyam pratanyate

In accordance with my *sampradāya* and adhering to a logical sequence, I commence this commentary on the *Śrīmad Bhāgavatam* named *Bhāvārtha-dīpikā*, the lamp of essential meanings.

Why does he restrict himself to his *sampradāya*? Is it not a narrow frame of vision to describe things only as per one's limited group? Actually, in declaring his adherence to a *sampradāya*, Srila Sridhar Swami demonstrates great honesty. He could have easily claimed to be a knower of the conclusions of all the *sampradāyas*. He may have even read their books. But he does not

claim to be able to write a commentary according to any other *sampradāya* besides his own. This is because one does not gain realized knowledge of all the *sampradāyas* simply by reading their books. Knowledge of practical, day-to-day spiritual activities (*dina-caryā*), the mood behind the worship rituals (*pūjā-vidhi*), and secrets of mantras are not found in books. These are gained from a personality who belongs to a *sampradāya*. Thus, not claiming expertise in another *sampradāya* is actually a sign of intellectual and spiritual honesty.

The essential idea behind a *sampradāya* is to protect a valuable flow of knowledge and realization. Realization in all fields of spiritual and material knowledge is not possible for a single limited soul. No one can claim to know all fields of knowledge. Everyone who aims for spiritual realization has to make a wise decision as to what he/she considers the aim of life. The *Vrddhacāņakya-nīti-darpaņa* (15.10) says:

ananta-śāstram bahulāś ca vidyā alpaś ca kālo bahu-vighnatā ca yat sāra-bhūtam tad upāsanīyam hamso yathā ksīram ivāmbu-miśram

There are unlimited scriptures regarding innumerable sciences. Time is limited and obstacles are many. Only the essential is to be known and worshiped, in the same way that a divine swan separates the essence (milk) from the inessential water.

Thus, every field of specialized knowledge has its specialized teachers (gurus) and qualified receiving

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Sri Krishna Kathamrita Bindu

souls (*adhikārīs*). Sometimes, due to a lack of qualified souls, some specialized branches of learning disappear. A classic example is given in the *Bhagavad-gītā* 4.2–3:

evam paramparā-prāptam imam rājarsayo viduļ sa kāleneha mahatā yogo nastah parantapa

sa evāyam mayā te 'dya yogaḥ proktaḥ purātanaḥ bhakto 'si me sakhā ceti rahasyam hy etad uttamam

This supreme science was thus received through the chain of disciplic succession and the saintly kings understood it in that way. But in course of time the succession was broken, and therefore the science as it is appears to be lost. That very ancient science of the relationship with the Supreme is today told by me to you because you are my devotee as well as my friend and can therefore understand the transcendental mystery of this science.

Seeing Arjuna as the only qualified person (*adhikārī*) for the science, the Supreme Lord re-inaugurates a *sampradāya* on the battlefield of Kurukshetra. Thus, even Lord Krishna favors the concept of knowledge transmission through a *sampradāya*.

There are many sciences that have been transmitted faithfully from guru to disciple. Sometimes it may happen that the scriptures that were used as a reference for proving the tenets of that science may no longer be available after certain centuries. Even in such cases, essence seekers do not question the validity of such a sampradāya. An example of this is the literature Samqīta-ratnākara, "the jewel-mine of music". This great composition on traditional Vedic music was written by an author named Sarangadev in the 13th Century. During the following two centuries, India came under heavy attacks by Muslim invaders, such that by the 15th Century this book became extremely difficult to understand. Fortunately, one of the remaining students of the sampradāya, a person named Kallinath wrote a commentary on Sangīta-ratnākara in which he bought out the meanings of the difficult texts. In his commentary on chapter seven, verse ninety-one, he defines sampradāya by quoting Lord Vishnu's words:

śāstrānuktasyāpi śāstreņābhyanujñātasya śāstrāvirodhino 'rthaviśeșasya ācārya-śiṣya-paramparayā yad-upadeśa-pradānam sa sampradāya ity etal-lakṣaṇa-lakṣitatvāt. tathā coktam,

yo yat samyag vijānīte sa yad vadati tattvataḥ sa sampradāyaḥ kathito viṣṇunā loka-jiṣṇunā

Knowledge, even if not spoken directly in the scriptures, if it is not opposed by them and is supported indirectly by them - if such special knowledge is transmitted in a disciplic succession then

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it is known as a *sampradāya*. It is said by Lord Vishnu, the conqueror of the worlds, that, "A *sampradāya* is the truthful transmission of facts by one who knows them correctly and completely."

In the age of Kali, when the prominence of chanting the names of the Lord Hari is at its pinnacle, it is obvious that receiving a *vaiṣṇava* mantra is the highest spiritual benefit that one can get from a *sampradāya*. There has been confusion about whether initiation is required for chanting such a mantra, especially after the following verse was penned by Sri Lakshmidhar in the *Bhagavan-nāma-kaumudī*:

ākŗṣṭiḥ kṛta-cetasāṁ sumanasām uccāṭanaṁ cāṁhasām ācaṇdālam amūka-loka-sulabho vaśyaś ca mukti-śriyaḥ no dīkṣāṁ na ca sat-kriyāṁ na ca puraścaryāṁ manāg īkṣate mantro 'yaṁ rasanā-spṛg eva phalati śrī-kṛṣṇa-nāmātmakaḥ

The holy name of Krishna, having attracted the hearts of the saintly souls and having destroyed all sins, is now easily available for all classes of people — all the way down to the $c\bar{a}n\dot{q}d\bar{a}la$. The holy name has conquered and controlled the opulence of liberation. The holy name does not depend on $d\bar{k}s\bar{a}$, neither does it wait for any rituals or other preparatory purifications. This mantra is such that it becomes fruitful simply by coming in contact with the tongue.

This verse is also quoted by Srila Rupa Goswami in his book *Padyāvalī* and by Srila Krishnadas Kaviraj Goswami in the *Caitanya-caritāmṛta*, *Madhya* 15.110. Although it is true that the holy name does not depend on initiation, it should not be interpreted to imply that one does not need initiation to attain perfection in spiritual life. [See the Bhaktivedanta purport to *Cc. madhya* 15.108 for an elaborate discussion as to why one needs *dīkṣa*, second initiation.] The initiation mantra is one of the many things that the guru in a *sampradāya* bestows on a disciple. In the opening verse of his *Muktā-carita*, Srila Raghunath Das Goswami lists all the wonderful gifts that he attained by the mercy of his guru:

nāma-śreșțhaṁ manum api śacī-putram atra svarūpaṁ śrī-rūpaṁ tasyāgrajam uru-purīṁ māthurīṁ goșțhavāțīm rādhā-kuṇḍaṁ girivaram aho rādhikā-mādhavāśāṁ

prāpto yasya prathita-kṛpayā śrī-gurum tam nato 'smi

I offer obeisances to Sri Guru, by whose mercy, I have obtained the topmost holy-name, the divine mantra, and personalities like Lord Sachinandan, Sri Swarup Damodar Goswami, Sri Rupa Goswami and his elder brother Sri Sanatana Goswami and I have also obtained residence in holy places like Sri Mathura, Sri Vrindavan, Sri Radha Kunda, Sri

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Mahaprabhu does kīrtana with his followers

Govardhan and of course, most importantly, I have attained the desire and hope to render confidential service to Sri Sri Radha Madhava.

Therefore, while gaining knowledge of a mantra from a book can help attain perfection to a certain level, the topmost fruits are only bestowed by the process of surrender to a guru who is in a bonafide *sampradāya* and has received teachings in the confidential service to the Supreme Lord.

Moreover, various faults are introduced in a mantra if it is not received in a proper way. The *Mātṛkā-bhedatantra* (12.43) lists some of the faults that enter into a mantra if it is merely received through a book:

abhaktiś cākṣare bhrāntir luptaś chinnas tathaiva ca hrasvo dīrghaś ca kathanaṁ svapne tu aṣṭadhā smṛtaḥ

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श्चथ कृष्णक शामृत बिन्द

- *abhakti* one may end up considering the mantra as merely a collection of syllables without any inherent sense of devotion in it.
- akṣara-bhrānti one may misunderstand one or more syllables in the mantra to be some other syllable.
- lupta one or more syllables may be missing from the mantra.
- (4) *chinna* in mantras where the syllables are tightly joined together, one may not pronounce half a syllable or a complete syllable.
- (5) *hrasva* one may utter an elongated syllable (e.g. ā) in its shortened form (a).
- (6) dīrgha one may utter a short syllable (e.g. a) in its elongated form (ā).
- (7) *kathana* one may speak out a secret mantra to an unqualified person while awake.
- (8) svapana one may speak out a secret mantra to an unqualified person while sleeping.

It is important that a mantra be received from a proper knowledgeable soul from an established sampradāya. The Gautamīya-tantra (30.6) therefore says, sampradāya vihīnā ye mantrās te nisphalā matāḥ — "Mantras without a proper sampradāya are fruitless."

Thus, it is the duty of everyone who is interested in spiritual life to approach a proper lineage of spiritual masters for gaining proper realizations in spiritual life. — HPD.

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